

Biblical Beauty Tips



Hands



Reach Out To Others



Proverbs 31:20 She opens her arms to the poor and extends her hands to the needy.
Ecclesiastes 9:10 Whatever your hand finds to do, do it with all your might.
Psalms 134:2 Lift up your hands in the sanctuary and praise the Lord.

- *Use* your hands to help the needy.
- *Use* your hands to do good work and do it with excellence.
- *Use* your hands to praise the Lord.

Feet



Walk On God's Path



Proverbs 4:26-27 Ponder the path of your feet; then all your ways will be sure. Do not swerve to the right or to the left; turn your foot away from evil.
Psalms 119:105 Your word is a lamp to my feet and a light for my path.

- *Keep* your feet on God's path for you.
- *Let* God's Word light your path.

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Lips



Speak Words Of Life



Psalm 141:3 Set a guard over my mouth,
Lord; keep watch over the door of my lips.

Proverbs 17:27a The one who has
knowledge uses words with restraint.

- **E**ncourage at least one person every day.
- **S**incerely compliment at least one person every day.
- **U**se words with restraint.
- **P**raise God with words every day.

Eyes



Look Through Forever Eyes



Matthew 6:22-23 The eye is the lamp of the
body. If your eyes are good, your whole
body will be full of light. But if your eyes
are bad, your whole body will be full of
darkness.

- **P**ut on Forever Eyes. Ask God to help
you see everyone and every situation
through his eyes.
- **M**onitor what you look at. Make sure it
is pure and edifying.

Posture



Stand Firm In Your Faith



Proverbs 10:25 When the storm has swept
by, the wicked are gone, but the righteous
stand firm forever.

- **S**tand firm on the truth of God's Word.
- **H**old your head high because you are a
child of the King.