



My Two-Week Plan to Learn to Practice Love

Completed		Assignment	Practice
	Day 1	Read 1 Corinthians 13	Patience. Who/what makes you impatient? Pray for that person or situation today. Are you in God's waiting room? Ask God to teach you to be patient while you wait for him.
	Day 2	Read 1 Corinthians 13	Kindness. Remember, kindness can be communicated in many ways, including smiles, courtesy, and the tone of your voice.
	Day 3	Read 1 Corinthians 13	Lack of Envy. Is there someone who has achieved some success or obtained something you've always wanted? Instead of envying them, ask God to help you rejoice with them today.
	Day 4	Read 1 Corinthians 13	Humility. Today when you're tempted to talk about your own success or accomplishments, ask God to help you keep silent and simply be thankful for your many blessings.
	Day 5	Read 1 Corinthians 13	Humility. Look for some way to humble yourself today. Suggestions: Don't talk about yourself but ask others about themselves; acknowledge a weakness; learn something from someone else today.
	Day 6	Read 1 Corinthians 13	Good Manners. Be very careful today to say, "thank you," to let others go ahead of you, to open doors for others, to let other cars in your lane of traffic, to relinquish your seat to someone else, to refuse to say harsh words.
	Day 7	Read 1 Corinthians 13	Caring for Others. Ask God to send someone your way today whom you can serve in some way. Practice thinking of others as more important than yourself (Philippians 2:3).
	Day 8	Read 1 Corinthians 13	Self-Control. What or who typically makes you angry? Pray that you will not be easily angered today, and that you will resolve any anger before you sleep tonight.
	Day 9	Read 1 Corinthians 13	Forgiveness. What list of wrongdoings and unfair treatment are you harboring in your heart? Pray God will help you get rid of that list and forgive those people, even if they don't ask you to forgive.
	Day 10	Read I Corinthians 13	Looking for the Good in Others. Think of someone that you really don't like. Ask God to show you something about that person that is good and then thank God for him or her. Try to find an opportunity to tell that person about the good you see in him or her.
	Day 11	Read 1 Corinthians 13	Truthfulness. Make a commitment not to indulge in any gossip today. Do not be a part of any character assassination; remember that love covers a multitude of sin.
	Day 12	Read 1 Corinthians 13	Protectiveness. Can you think of someone who needs some protective care today? Perhaps they've been treated badly by someone else, and you might be able to give them a safe harbor for healing.
	Day 13	Read I Corinthians 13	Trusting. Do you tend to be very cynical and not trust people, perhaps because you've been burned before? Ask God to help you learn to be a more trusting person.
	Day 14	Read 1 Corinthians 13	Hopefulness. Is there someone or something you've given up hope on? Love always hopes for the best, so ask God to help you to be positive and to restore your hope that God will perform a miracle.