



WHO YOU ARE IN CHRIST

How to abide in & remain in His love.

(John 15:9-12)

“Thank you Jesus....”

I am a beloved, cherished Child of the Light. (Jeremiah 31:3, 1 Thes. 5:5)

I am complete in You Lord, I lack nothing. (Colossians 2:10, Psalm 23:1)

I am Your Child and You are directing my steps. (1 John 3:1-3, Proverbs 16:9)

I’m wise! I have the mind of Christ and I will not live in fear.

(Prov. 1:7, 1 Cor. 2:16, Phil. 2:5, Isaiah 54:14).

I have the peace of God that I experience even when I don’t understand.

(Philippians 4:7).

I am Your Joy! And when you gave your life, it was for me. (Hebrews 12:2)

I am a Beautiful Masterpiece and Lord, You’re proud of me. (Ephesians 2:1-10)

I have new life and a new mindset in Christ, I’m learning to live and love just like my Savior. (Colossians 3:10)

I have authority and power over the enemy in this world. I am *never* powerless.

(Mark 16:17-18; Luke 10:17-19).

I have received the power of the Holy Spirit. I am a miracle every single day!

(John 14:17)

I am renewed as I take the time to grow in my knowledge of God.

(Colossians 3:9-10, John 17:3)

I have Your Spirit living in me, and am victorious over every attack from the enemy.

(1 John 4:4).

The ‘eyes of my heart’ are illuminated by the hope of my eternal life in Christ.

(Ephesians 1:18).

I am courageous and brave! You’ve called me by my eternal name and I belong to you. (Isaiah 43:1b).

I am able to accomplish whatever I’m meant to today because You are with me and my best is always good enough. (Philippians 4:13).

I am a worshipper in Spirit and in Truth, no one is going to out-praise me!

(John 4:23-24, Hebrews 13:15).

“Choose 1, anchor the Truth to anything in your existing routine. Speak it out loud at least once a day. Always remember to Celebrate to feel that Shine!”

Anything above once a day is A+ Extra credit! 😊



100 Tiny Celebrations

1. fist pump
2. say "Thank you Jesus!"
3. clap your hands
4. sing "I am the champion"
5. pat yourself on the back
6. smile and feel satisfied
7. Stamp feet
8. Say "whoohoo!"
9. do a wink and smile
10. smile at yourself in mirror
11. say "yes"
12. say "yes I did it!"
13. say "way to go!"
14. think "that was awesome"
15. say "I rock"
16. say 'Yippee!'
17. give myself a high-five
18. feel an inner glow
19. smile and say, "Victory!"
20. head nod
21. a thumbs up
22. feel gratitude for one specific thing
23. say, "Thank you Lord!"
24. say "right on!"
25. smile & turn both palms up
26. finger snap
27. say "yay!"
28. pat myself on my back
29. hear trumpets in my head
30. say "well done"
31. say "good job"
32. smile and say, "Let's party!"
33. both arms up and think victory!
34. Say a chant and clap - This is the way, aha, aha! I like it, aha, aha!
35. say 'I got this!'
36. big smile
37. give yourself a hug
38. say, "God is Good, all the time."
39. do the Wonder Woman pose
40. jump up and down
41. smile and do two thumbs up
42. deep breath and smile
43. think "that is awesome"
44. say, "I am victorious."
45. applaud yourself
46. do a victory dance
47. sing "O victory in Jesus"
48. say "yay me!"
49. think "nicely done"
50. think "nailed it!"
51. hear roaring crowds
52. laugh out loud
53. feel happy
54. smile and say, "Well done."
55. fist pump + awesome
56. say "I'm on my way!"
57. click heels together
58. spin around
59. clench fists and say "yes"
60. Kung Fu Kid pose
61. sing one line of your favorite hymn
62. do cheers to yourself
63. say "go me"
64. snap your fingers
65. do the hula
66. say "whoop whoop"
67. say "shazam!"
68. head up, look to the sky and make a V with arms
69. rub hands together
70. whistle a song
71. breath out and say "Well done!"
72. sing "Joy Joy Joy, overflowing"
73. raise your arms up in praise
74. "got this one" finger snap
75. take a bow
76. throw your hands in the air wave em like you just don't care.
77. think of a pleasing moment
78. say, "Go girl!" to yourself.
79. smile & spin
80. image getting a strike when bowling
81. end zone dance
82. raise both arms - "score!"
83. blow a kiss to yourself in the mirror
84. wiggle your whole body
85. hum a song
86. smile and say, "Nice!"
87. tiny happy dance
88. Say, "I can do this!"
89. do a ballet pose
90. say "I am loved!"
91. take a thumbs up selfie
92. do the 'floss' dance
93. tap fist to heart 3 times
94. hi-five nearest person
95. say 'wah-hoo!'
96. jump from one foot to other
97. do the twist
98. imagine seeing fireworks
99. raise the roof
100. sing "hey now, you're a rock star"
101. _____
102. _____