

Letting Go of Joy-Stealers

May 28, 2024
Prayer Time

If you know you compare yourself to others far too much, pray this prayer with me:

God, I thank you that I am fearfully and wonderfully made. Your work is wonderful, and I declare that you have made me wonderful. Please deliver me from the sinful practice of comparing myself to others and of envying others. Please help me to fan into a flame all the beautiful gifts you have given to me, so that I may bring honor and glory to you and do all the good works you put me here to do.

If you have an approval addiction, pray this prayer with me:

God, I confess that I have cared more about what others think of me than I have about what you think of me. Starting today I determine to replace my approval addiction—my overwhelming need to be approved by _____--and instead I want to be approved by you. I want to hear “Well done, good and faithful servant” when I stand before you. Help me, dear God to let go of this need for the approval of others and replace it with a hunger and thirst for your approval.