

Me. . . .  
A  
MENTOR???



# YOU can be a MENTOR!

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Mentoring is helping  
others along the way.

And let us consider how  
we may spur one another  
on toward love and good  
deeds. Hebrews 10:24



# Many kinds of mentoring. . . .

General Mentors

Workplace Mentors

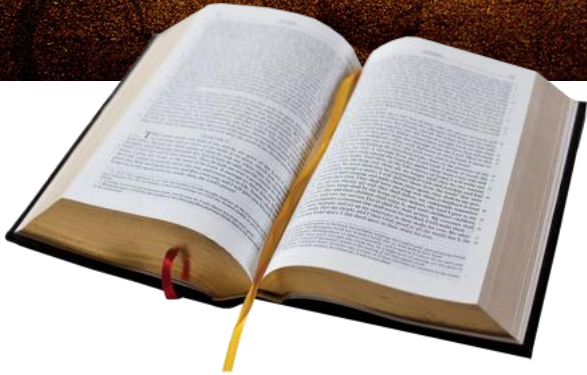
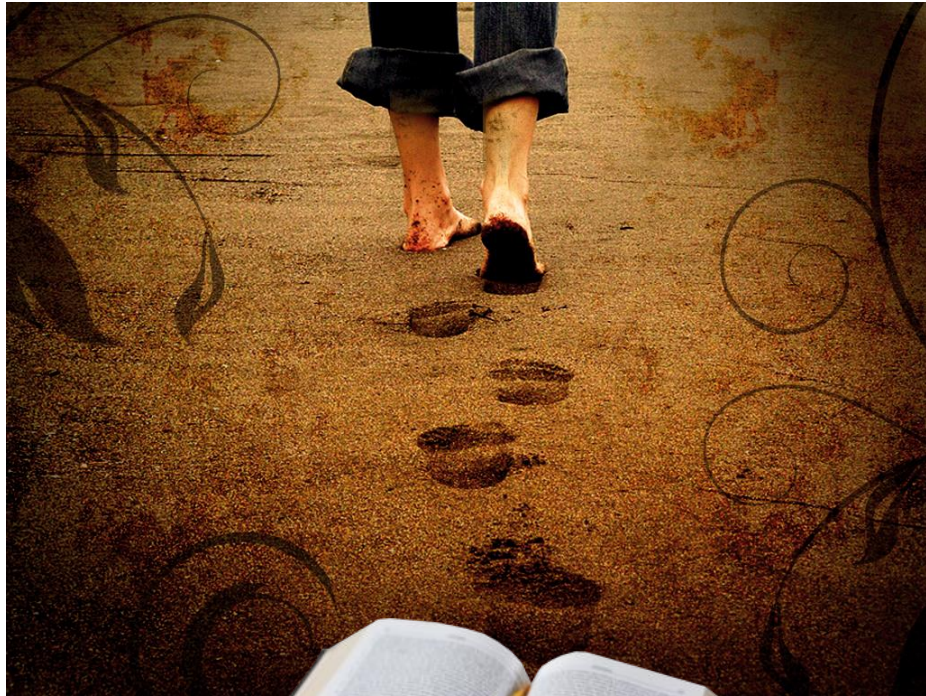
Personal Trainers

Life coaches

Counselors

Spiritual Guides





## Discipleship Mentoring

An intentional, gospel-centered relationship that trains, models and guides a mentee toward spiritual maturity and motivated to mentor others.

This can take place

Informally

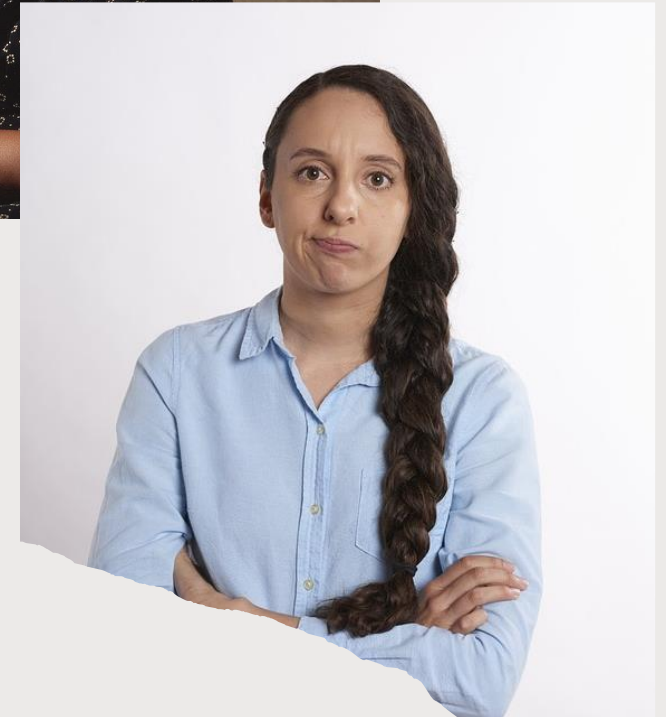
Formally

**I don't  
have TIME!**

**I don't know  
the Bible  
well enough!**

**I'm so ashamed  
of my past!**

**I don't know  
HOW!**



**Objections?**

*Why*

should I  
be a mentor?



# 1. Discipleship mentoring is biblical.

Jesus commanded it  
All authority in heaven  
and on earth has been  
given to Me. Therefore,  
go and make disciples  
of all nations. . . .

Matthew 28:19

Jesus modeled it



To the older women:

Then they can urge the younger women to love their husbands and children, to be self-controlled and pure, to be busy at home, to be kind, and to be subject to their husbands , so that no one will malign the word of God.

Titus 2:4





## 2. Discipleship mentoring is *needed*



3. Discipleship  
mentoring  
is a blessing  
for *you*



*Whom*

should I mentor?



How

do I get  
started?



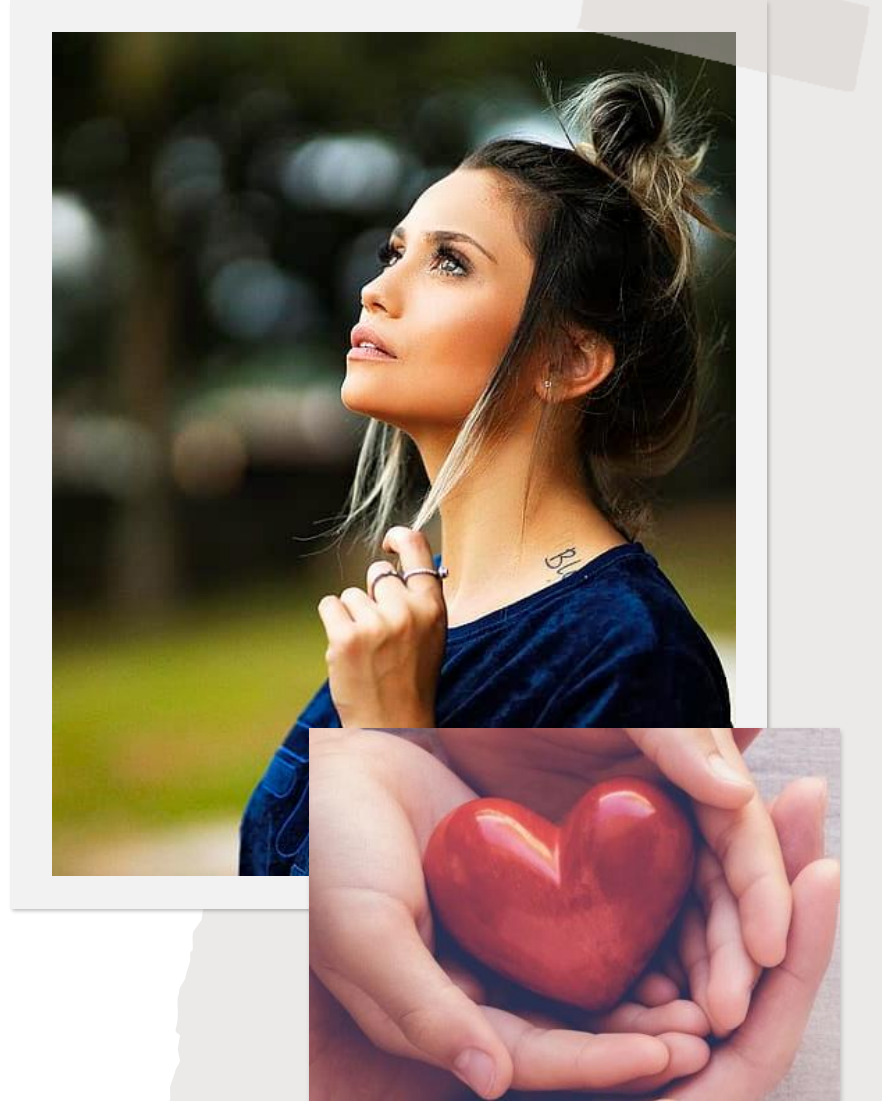
# You already have the tools!

- The Word of God
- The Holy Spirit as your Guide
- Your life experience



# Ask God to prepare your heart...

- With humility & a teachable spirit
- With willingness to share your life and become involved in another's life
- To listen and ask questions
- Ask for wisdom, discernment, patience, grace
- With protection against guilt over what you won't be able to accomplish



## 2 Ways to Start as a Discipleship Mentor



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### **Track 1** – *as you pause*

- more formal
- scheduled meetings for study, discussion & prayer

### **Track 2** – *as you go*

- more informal
- communicating while doing life activities together



# Track 1 & 2 – Similar Beginnings

- Share your life & faith stories.
- Share contact information & preferred method of communication
- Discuss expectations
- Arrange for accountability
- Talk about the gospel
- Pray together





What

will I  
be doing  
as a mentor?



An open book with a red bookmark is shown against a light blue background. The book is open to a page with text, and the bookmark is placed in the middle. The text on the page is partially visible but mostly obscured by the overlay text.

# Your Job Description: 10 Ways to Guide a Mentee Toward Growth

1. Lead her to truth in Scripture.
2. Alert her to the enemy's lies that she may have believed.

3. Provide her with a broader "big picture" view of her life.

4. Share a testimony of how God worked in and through a similar situation in your life.



5. Point her to helpful resources.

6. Pray specifically *for* her and *with* her.



7. Offer her a listening ear.

8. Ask questions that keep her accountable.

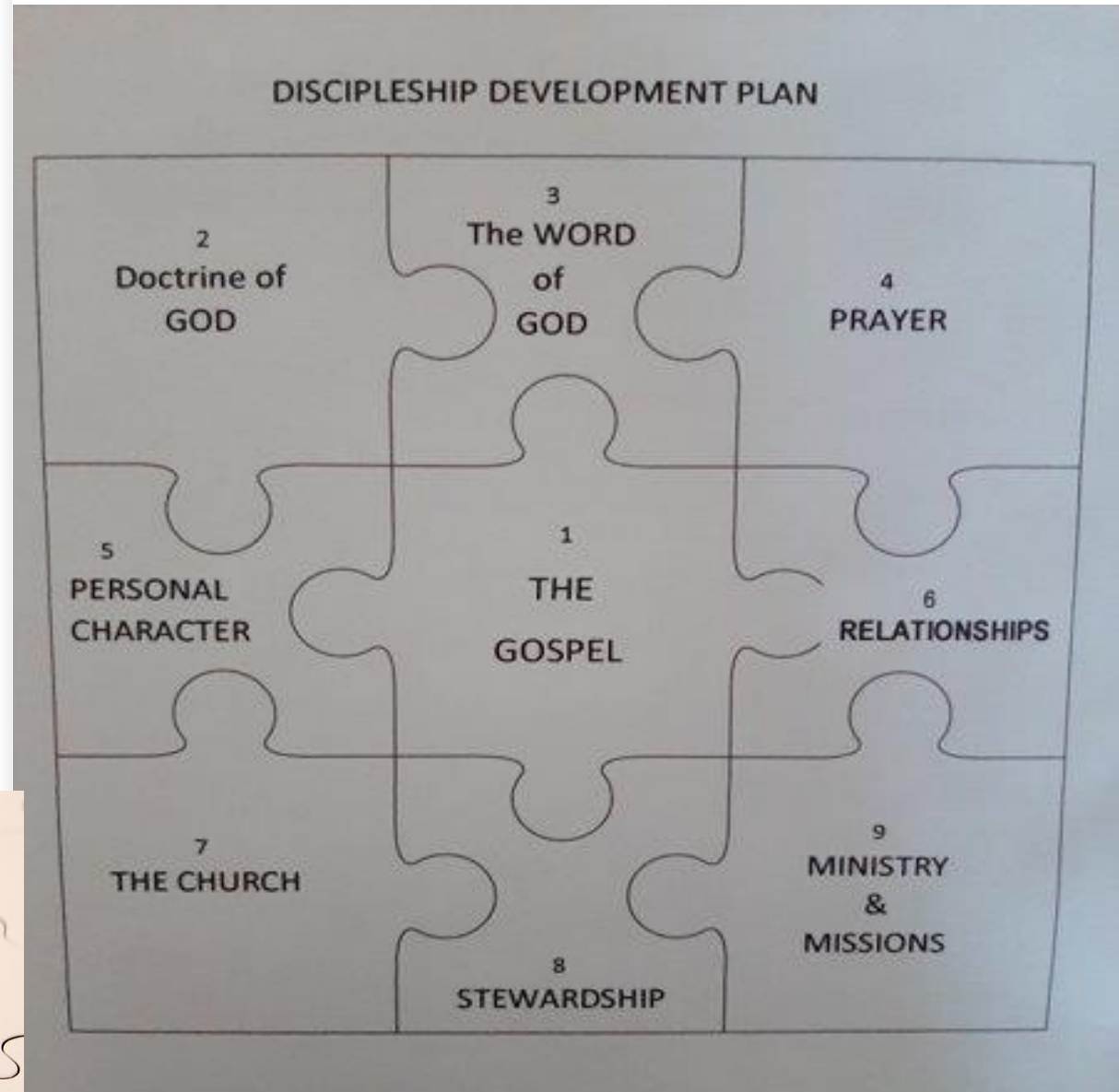


9. Model for her a walk of faith--not in perfection, but in appropriating God's grace.

10. Instill in her vision and motivation for mentoring others.



As you do these 10 things, you'll be filling in pieces of her faith journey.



## The *ways* that you guide will vary.

- Bible study
- Reading & discussing a book or article
- Watching & discussing a movie or video
- Listening to a sermon or podcast
- Facilitating a "spiritual conversation"
- Memorizing Scripture together
- Doing a service project & debrief
- Volunteering in a church ministry





# Track 1- "as you pause"

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Decide on your  
topic for study & discussion  
materials needed  
meeting structure

Look for ways to do life  
together



Here's what a typical meeting with a mentee might look like:

- \* Briefly share current life events from this week
- \* A few accountability questions
- \* Discussion / study of biblical topics / principles
- \* Praying together



**A simple way to remember it:**

**Look BACK**

**Look UP**

**Look AHEAD**

## Track 2 - "as you go"

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Determine life activities where you can invite your mentee to participate

Seize opportunities for spiritual conversations.

Look for areas of need for study & prayer together.



## Arrange for Accountability

Examples of open-ended questions:

- How have you maintained your relationship with God this week?
- How has the devil tried to deceive, discourage, or derail you this week?

Ask her to develop a couple of questions in an area that is of need in her life.



# Some Mentoring Tips

## DON'T

- Allow your meeting to become a gab session
- Get into conversations characterized by criticism
- Get too "preachy"
- Monopolize the conversation



## DO

- Meet in an environment conducive for sharing
- Ask for definitions
- Refer her to a professional counselor if needed
- Consider how to end the Relationship
- Collect resources

# Collecting extra resources





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Don't miss out  
on the blessing!

Jesus said, "this is to my Father's glory, that you bear much fruit, showing yourselves to be my disciples." John 15:8