



# The Joys and Fruits of Discipline

Zoom Bible Study | Tuesdays @ 7:00pm (CST)



## Lesson One Poll

I get distracted easily. Yes No

I refuse things that are bad for me, even if they are fun. Yes No

Pleasure or laziness sometimes keep me from getting work done. Yes No

I do things that feel good at the moment but often regret it later on. Yes No

I often act without thinking through all the alternatives. Yes No

I procrastinate too often. Yes No

I am typically organized and not very messy. Yes No

I am a pretty good time manager. Yes No

I am fairly disciplined in my eating habits. Yes No

I am not very good at exercising regularly. Yes No

Managing my money is a problem for me. Yes No

I almost always stick to my commitments and promises. Yes No

I can say no when necessary. Yes No

I am good at finishing what I start. Yes No

I find it hard to stick to a set schedule or task. Yes No

I have a daily plan for what I want to get done each day. Yes No

I have a hard time getting up early enough to start my day right. Yes No

I have a hard time breaking bad habits. Yes No

I set aside time each day to read my Bible and pray. Yes No

I try to memorize Scripture regularly. Yes No