

Facebook Live
Pockets of Fear
Lesson 5 ~ April 21, 2020



What does it take to please God?

Hebrews 11:6

What prevents us from having faith in God?

1 John 4:18

Why do we trust God in some areas and not in others?

What causes pockets of fear?

- **Our experiences and past** can cause fear.
- **Ignorance** is a common cause of fear.
- **Out-of-control thinking** is a cause of fear.
- **Disobedience** causes fear.

What are some common pockets of fear?

THE UNKNOWN

MONEY

FEAR OF BEING ALONE

FEAR OF REJECTION

FEAR OF FAILURE

LOSING CONTROL

Expose those pockets of fear.

If we're ever going to be free from these pockets of fear, we've got to stop living in denial, pretending we're not scared, and empty out those pockets.

Find a scriptural antidote for your fear.

For fear of the unknown:

Jeremiah 29:11: For I know the plans I have for you," declares the LORD, "plans to prosper you and not to harm you, plans to give you hope and a future."

Psalms 32:8: I will instruct you and teach you in the way you should go;
I will counsel you with my loving eye on you.

For the money pocket of fear are:

Matthew 6:25-26: "Do not worry about your life, what you will eat or drink; or about your body, what you will wear... Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they?"

Philippians 4:19: "And my God will meet all your needs according to his glorious riches in Christ Jesus."

For the fear of being alone:

Hebrews 13:5: "Never will I leave you; never will I forsake you."

Romans 8:38-39: "For I am convinced that neither death nor life, neither angels nor demons, neither the present nor the future, nor any powers, neither height nor depth, nor anything else in all creation, will be able to separate us from the love of God that is in Christ Jesus our Lord."

For the fear of rejection:

Isaiah 43:1-2: "But now, this is what the Lord says - he who created you, O Jacob, he who formed you, O Israel: 'Fear not, for I have redeemed you; I have summoned you by name; you are mine. When you pass through the waters, I will be with you; and when you pass through the rivers, they will not sweep over you. When you walk through the fire, you will not be burned; the flames will not set you ablaze.'"

What is your pocket of fear?

My pockets are fear are:
