

WEEKLY SPIRITUAL INVENTORY

as prepared by Mary Lowman

1. What specific lessons did you learn this past week?
2. Where do you feel you failed most frequently in your spiritual life this past week? Why?
3. Where did you experience the most victory in your spiritual life this past week? What accounts for these victories?
4. What are your spiritual goals for the week ahead?
5. What changes in your lifestyle may be necessary to achieve these goals?
6. Which things on your To Do List need to be re-evaluated and perhaps crossed off?
7. What may need to be added to your To Do List for this coming week?