



Getting Along with People at Work
as presented by Mary Lowman
The Christian Working Woman Summer Session I
June 18-22, 2018

Day 3 - Wednesday, June 20, 2018

Working with Difficult People - Continued

Dealing with a Condescending, Arrogant Coworker

A description of a condescending and arrogant coworker would include:

- Talks down to people
- Unteachable
- Knows it all
- Name dropper
- “Been there and done that” attitude
- Frequent body language and facial expressions that indicate aloofness, disgust, disapproval, and the like
- Treats others as though they are dumb or stupid

Dealing with a Domineering Coworker

For everyone who exalts himself will be humbled, and he who humbles himself will be exalted. (Luke 14:11)

Humble yourselves, therefore, under God's mighty hand, that he may lift you up in due time. (1 Peter 5:6)

Responding in one of the following ways to a domineering and arrogant coworker could help you to humble yourself:

- Refrain from any verbal response.
- Be willing to do what they ask/demand, even though you are not required to do so.
- Respond in a quiet, controlled manner.



- Explain that you are not required to follow his/her instructions, but you are going to do so anyway.
- Smile when he/she barks orders at you, and then ignore.
- Refuse to join in any “character assassination” of this coworker.

Dealing with a Vindictive, Hostile Coworker

This is the verdict: Light has come into the world, but people loved darkness instead of light because their deeds were evil. Everyone who does evil hates the light, and will not come into the light for fear that his deeds will be exposed. (John 3:19-20)

If the world hates you, keep in mind that it hated me first. If you belonged to the world, it would love you as its own. As it is, you do not belong to the world, but I have chosen you out of the world. That is why the world hates you. (John 15:18-19)

For it is commendable if a man bears up under the pain of unjust suffering because they are conscious of God. But how is it to your credit if you receive a beating for doing wrong and endure it? But if you suffer for doing good and you endure it, this is commendable before God. To this you were called, because Christ suffered for you, leaving you an example, that you should follow in his steps. (1 Peter 2:19-21)

Blessed are you when people insult you, persecute you and falsely say all kinds of evil against you because of me. Rejoice and be glad, because great is your reward in heaven, for in the same way they persecuted the prophets who were before you. (Matthew 5:11-12)

If you have sincerely suffered from relationships on your job simply because you take a stand as a believer, or live a Christian lifestyle, you are to consider it a compliment! You are not to get angry or vengeful or guilty; rather you are to rejoice and be glad!