



# How Does Your Garden Grow?

by Mary Lowman



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For your "Lifestyle Garden," you need these:

- Three rows of peas
- Three rows of squash
- Three rows of lettuce
- Three rows of turnips
- Three rows of thyme

With this garden you will "Grow in the grace and knowledge of our Lord and Savior Jesus Christ. To him be glory both now and forever! Amen" (2 Peter 3:18).

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- Three rows of peas



**"Peas" of soul:** "Therefore, since we have been justified through faith, we have peace with God through our Lord Jesus Christ" (Romans 5:1).



**"Peas" of mind:** "And the peace of God which transcends all understanding, will guard your hearts and minds in Christ Jesus" (Philippians 4:7).



**"Peas" of heart:** "Let the peace of Christ rule in your hearts, since as members of one body you were called to peace" (Colossians 3:15).

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**"Squash" gossip:** "Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen" (Ephesians 4:29).



**"Squash" indifference:** "Never be lacking in zeal, but keep your spiritual fervor, serving the Lord" (Romans 12:11).



**"Squash" selfishness:** Jesus said: "If anyone would come after me, he must deny himself and take up his cross and follow me. For whoever wants to save his life will lose it, but whoever loses his life for me and for the gospel will save it" (Mark 8:34-35).

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**"Lettuce" be faithful:** "Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up" (Galatians 6:9).



**"Lettuce" be pure:** "Let us put aside the deeds of darkness and put on the armor of light. Let us behave decently, as in the daytime, not in orgies and drunkenness, not in sexual immorality and debauchery, not in dissension and jealousy" (Romans 13:12-13).



**"Lettuce" love one another:** Jesus said, "By this all men will know that you are my disciples if you love one another" (John 13:35).

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**"Turnip" with a smile:** "A cheerful look brings joy to the heart, and good news gives health to the bones" (Proverbs 15:30).



**"Turnip" for church:** "Let us not give up meeting together, as some are in the habit of doing, but let us encourage one another—and all the more as you see the Day approaching" (Hebrews 10:25).



**"Turnip" with excellence:** "Serve wholeheartedly, as if you were serving the Lord, not men, because you know that the Lord will reward everyone for whatever good he does" (Ephesians 6:7).

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**"Thyme" for God:** Jesus said, "Seek first his kingdom and his righteousness, and all these things will be given to you as well" (Matthew 6:33).



**"Thyme" for family:** The virtuous woman "watches over the affairs of her household and does not eat the bread of idleness" (Proverbs 31:27).



**"Thyme" for fun:** "A cheerful heart is good medicine, but a crushed spirit dries up the bones" (Proverbs 17:22).

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