

THE CHRISTIAN
Working Woman



Mary Lowman

Author, Speaker, Radio Host

Founder of The Christian Working Woman

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Mary Lowman's name is often associated with women in the workplace because she has been one of those women for more than 25 years. She established The Christian Working Woman radio program in 1984 on one station in Chicago, and the program is now heard on over 400 radio stations nationally and internationally.

However, Mary has a heart for all women and she has an active speaking ministry to women in all walks of life. In addition to managing her radio ministry and its staff, Mary is also Director of Women's Ministries for The Moody Church in Chicago, Illinois. She loves to encourage women to see their worth in Christ and challenge them to greater growth in their Christian life and their outreach to others.

If you had to choose one word to describe Mary's style, it would probably be the word "practical." She has unique ways to make the Word of God come alive and she always gives very practical teaching that can be readily applied to any woman's life. Her style is open and vulnerable, Bible-based and relevant.

Mary says, "The only thing that will help women in the long term is God's Word. So, my first objective is not to entertain but to give sound biblical truth in a very easy-to-understand way."

Mary has written many books: *The Christian Working Woman*, *Common Mistakes Singles Make*, *Workday Meditations*, *The Workplace: Questions Women Ask*, *Fran & Jesus On The Job*, *How to Thrive from 9 to 5*, *If You Only Knew*, *Think About What You Think About*, *Quiet Moments for Working Women*, *The Snooze Alarm Syndrome—When You Have the Desire but Lack the Discipline*, *Getting Along with People @ Work*, *Looking With Forever Eyes—How to Live Now in the Light of Eternity*, *Extraordinary Women by Grace*, *Why Do I Always Feel Guilty*, and *Get Over It! — Letting Go and Moving on with God* was released in 2013.

Mary resides in the suburbs of Chicago, Illinois.

The Christian Working Woman

Purpose & Statement of Faith

OUR PURPOSE

To equip and encourage Christians in the workplace, primarily women, to know and love Christ and His Word, and to live as Christ would by applying biblical principles and utilizing their gifts and abilities to build His Kingdom.

OUR STATEMENT OF FAITH

God

We believe in the only true God, existing eternally in three persons, the Father, the Son and the Holy Ghost. He created all things, upholds all things by the Word of His power, is a God of truth and without iniquity. (John 17:3; Matthew 28:19; Hebrews 1:3)

Scripture

We believe all Scripture is given by God, and is profitable for doctrine, for reproof, for correction, for instruction in righteousness: that the man of God may be perfect, thoroughly furnished unto all good works. The Scriptures are infallible and the only authoritative and all-sufficient rule of faith and practice. (2 Timothy 3:16-17)

Mankind

We believe sin entered the world by one man, and so death passed upon all men for all have sinned. We believe that man, though created in the image of God, fell from this state but can be redeemed by the gift of God, eternal life through Jesus Christ our Lord. (Romans 5:12; Genesis 3:26; Romans 6:23)

Eternity

We believe that perfection is required for eternal life. Because of man's sin and his inability to attain perfection, God sent his only son, Jesus Christ, to live a sinless life and pay the price for our salvation by freely giving His life on the cross. He died, was buried and rose again on the third day according to the Scriptures and now is seated on the right hand of the Father, interceding for us. We believe that whosoever believeth on Him has eternal life. We believe there is no other way to know God and to have eternal life. (1 Corinthians 15:3-4; Hebrews 1:3; John 3:16)

The Church

We believe that the Church is composed of all who are covered by the righteousness of Jesus Christ who is the head over all things, and thus being members one of another, we are responsible to keep the unity of the Spirit in the bond of peace, loving one another with a pure heart fervently. (Romans 12:5; Ephesians 1:20-23; Ephesians 4:3-10)

Requirements

Following is a list of needs that Mary Lowman has in order to speak at a function. If you have any questions or concerns about the following items, please call The Christian Working Woman at 630.462.0552. We are flexible and want to cooperate with you in any way possible.

Travel

All travel expenses are to be paid, including airfare, hotel, car rental, mileage, and airport parking fees, where applicable. Airline tickets will be purchased early in order to secure lower fares; an invoice will be submitted for reimbursement prior to the program. Other travel expenses can be reimbursed at the time of the program.

Lodging

Lodging, if necessary, is requested at a nearby hotel/motel.

Honorarium

Mary accepts an honorarium for speaking engagements. Please call 630.462.0552 to discuss an appropriate honorarium range for your engagement. She will be as flexible as possible and is willing to work within various budgets. The honorarium should be given at the time of the program.

Book Table

We require that Mary be allowed to sell her books and other materials at the function, with all proceeds going to The Christian Working Woman. At least two 8-foot tables will be required for our display. We will also need at least two people to handle sales (perhaps more depending on the number in attendance). Mary will bring a cash box for change.

Promotion

If appropriate, we like to promote Mary's speaking engagements in our e-newsletter, on our website and sometimes on the local Christian stations in your area.

Recommendations

“The exciting thing about Mary’s program is that her message touches different types of women in different ways. Our women loved Mary - they loved her heart and they loved her message. They felt challenged and uplifted. The ministry staff is made up of people who are easy to work with and very professional. We found Mary herself to be down to earth, efficient and straight forward. I would highly recommend Mary as a speaker for any Christian women’s ministry.”

–Joyce Hamby
Grace Fellowship Church
Stone Mountain, GA

“Mary Lowman has a message for every Christian woman today. Mary’s gentle, genuine and down-to-earth nature ministered to every woman at our convention as we observed her sincere and child-like love for the Lord. We could identify with her as we laughed and cried when she openly and honestly shared her own testimony of valleys and mountains. Yet at the same time we were challenged as she exhorted and instructed us powerfully from the Word of God. We were encouraged as women to be women, and women of God.”

–Evelyn Sanchez
Director of Women’s Fellowship
The Brooklyn Tabernacle
Brooklyn, NY

“After our January gathering, we had so many women from incredibly different circumstances say, ‘I felt that she was speaking just for me.’ Only by allowing God to work through her could Mary touch this diverse group of women in such a personal way. God used her to bless each of us that day.”

–Linda Gaster
Women’s Growth Fellowship
Trinity Lutheran Church
Davenport, IA

Suggested Topics

Mary Lowman is prepared to present messages on many topics, most of which are included in this list. Contents and titles can be tailored to meet the specific goals for your group. If you want more detail on topic content, we will be glad to provide that for you.

Discouragement

Dealing with Rejection
Living with Unfulfilled Desires
Defeating Discouragement

Improving Your Skills

Communicating Effectively (Workshop)
Change: What's So Hard About It?
Staying Positive in a Negative World
Dealing with Difficult People (Workshop)

Looking with Forever Eyes

Living Now in the Light of Eternity
Looking at God with Forever Eyes
Looking at Myself and My Past with
Forever Eyes
Looking at Desires and Difficulties with
Forever Eyes

Prayer

A Format for Prayer
Prayer: Entering the Throne Room
(A mini drama)

Singleness

Common Mistakes Singles Make
What Singles Don't Want to Hear
Living Single in a World Built for Two
But I Want a Man With Skin On

Spiritual Discipline

The Snooze Alarm Syndrome
The Freedom of Forgiveness

Remembering and Forgetting

Controlling the Tongue
What the Well-Dressed Christian Wears
The Freedom of a Captive Mind
A Guide on Getting to Know God
Putting Jesus in the Front Seat
Prepared to Fight

Stress and Lifestyle

How Do I Wear All These Hats?
Balancing our Energy Checkbooks
The Superwoman Complex
Biblical Stress Reducers (Workshop)
Time Management (Workshop)

Trust

Meet the Man in My Life (Mary's
Testimony)
It's All About God!
Do You Need a Miracle?
Overcoming the Fear of Trusting God
Learning to Wait
When You Face a Brick Wall
Pockets of Fear

The Workplace

Witnessing in the Jungle (Workshop)
Your Job: Your Mission Field
Ready to Give an Answer (Workshop)
Thank God It's Monday!
How to Love a Job You Hate!

(Workshop) indicates more audience participation